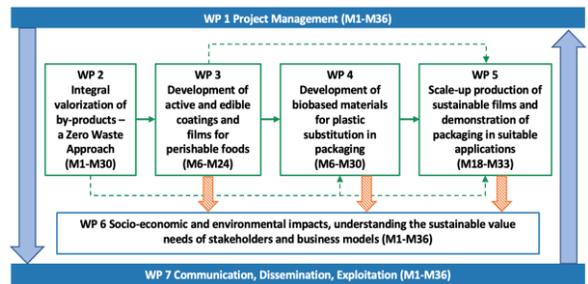


# Newsletter n°2 November 2025

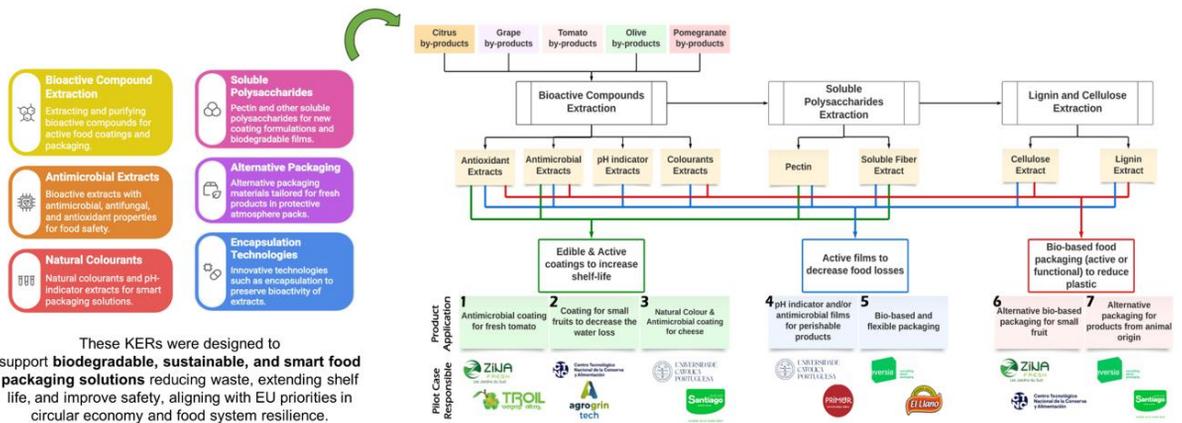
**NOVel Antimicrobial Coatings and PACKaging in the Mediterranean" (NOVAPACK)** brings together an interdisciplinary consortium of technology centers, universities, and companies from across the Mediterranean, all united by the goal of promoting innovative and sustainable solutions in the food sector.

NOVAPACK's main objective is to reduce food waste and minimize the use of petroleum-derived plastics by developing bioactive and biodegradable antimicrobial coatings, films, and packaging.

### Five technical WP were designed to achieve the project goals



### Key exploitable results



These KERs were designed to support **biodegradable, sustainable, and smart food packaging solutions** reducing waste, extending shelf life, and improve safety, aligning with EU priorities in circular economy and food system resilience.

Duration: 1/12/2024 till 30/11/2027

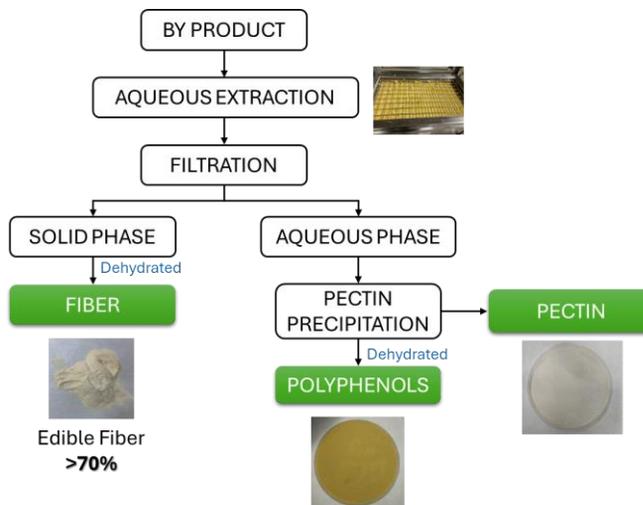
#### CONSORTIUM

This project is part of the PRIMA Programme supported by the European Union

### TECHNICAL ISSUES

Building on the initial characterization of agri-food secondary streams, CTNC has advanced the valorisation of citrus by-products by developing an integrated process to fractionate lemon peel into insoluble fibre, soluble fibre and polyphenols.

This includes pectin extraction by precipitation and parallel recovery of polyphenols, followed by detailed physicochemical and functional characterisation of each extract. Early results indicate a lemon fibre with a high dietary fibre content, which partners such as AIMPLAS are already incorporating into bioplastic formulations to support more sustainable packaging within NOVAPACK.



Flow diagram for obtaining extracts for lemon by-product.

NRC partner has also worked on extracting pectin from various citrus wastes (lemon, orange and mandarin), for which it has used citric acid. And has carried out the determination of the antimicrobial activity of orange and mandarin biofilm.



Pectin extracted from Lemon waste



Pectin extracted from Mandarin waste



Antimicrobial activity of orange and mandarin biofilm



### TECHNICAL ISSUES

WP4 of NOVAPACK project that recently started and is coordinated by AIMPLAS has the objective to obtain formulations based on pectin derived from diverse types of fruits. AIMPLAS is carrying out and performing experimental tests at the laboratory scale using a Brabender torque rheometer. The formulations are optimized by selecting the appropriate base material (biobased). The experiments being conducted allow for the selection of a formulation that exhibits compatibility between the fibres of different fruits (lemon, tomato and pomegranate that was and will be provided by CTNC and UCP) and the matrix, as well as enabling further processing through blown film extrusion which will be performed in WP5.



*Materials obtained through experimental in Brabender torque rheometer*



### DISSEMINATION ACTIVITIES

### Prima Project Day 2025



(1–2 October, Barcelona) NOVAPACK had the opportunity to be showcased alongside other inspiring projects funded by the PRIMA Partnership. This event brought together project coordinators and researchers to exchange ideas, share progress, and explore solutions for more sustainable and resilient Mediterranean agri-food systems.

Our project, NOVAPACK, focuses on:

- Upcycling Mediterranean crops - fruits and vegetables
- Producing biodegradable and smart packaging

Together, we are building stronger synergies for the region's sustainable future.



### DISSEMINATION ACTIVITIES

## NOVAPACK LinkedIn Posts

**NOVAPACK**  
Bio-based, cost-effective antimicrobial packaging reduces plastic/food waste and extends food shelf-life.  
Fabricação de Embalagens e Recipientes · 89 seguidores · 11-50 funcionários

**NOVAPACK**  
102 seguidores  
2 semanas · Editado

International FoodTec Conference (IFTC, Bragaça)

The NOVAPACK project was proudly represented at the International FoodTec Conference by our researcher Hilela Souza from CBQF - Centre for Biotechnology and Fine Chemistry, who presented the poster:  
"Nutritional and Phytochemical Profiling of Grape By-Products: Toward High-Value Bioactive Extracts."

This work highlights the potential of grape by-products as rich sources of phenolic and antioxidant compounds, promoting their valorization into high-value bioactive ingredients — an approach fully aligned with circular economy and sustainability principles.

Congratulations to Hilela for an excellent presentation and for showcasing the scientific and environmental impact of the NOVAPACK project!

Ana Vilas Boas | Daniela Magalhães | Débora Campos | Adma Melo | Ana Cristina Fernandes | Manuela Pintado | Bioactives and Bioproducts Research group | CBQF | ESB-UCP

#NOVAPACK #Food #CircularEconomy #BioactiveIngredients #Sustainability #Innovation #Research

**Eversia International**  
170 seguidores  
4 meses · Editado

We are proud to announce our participation in NOVAPACK, an innovative international project focused on the development of antimicrobial coatings and packaging that help extend the shelf life of food and reduce food waste. What are we aiming for?

- Developing biodegradable coatings and films
- Creating active packaging with antimicrobial capabilities
- Reducing the use of conventional plastics

This project brings together 8 entities from Portugal, Egypt, Tunisia, and Spain, including leading companies and research centers.

At EVERSIA, we will work on the development of new coatings to create innovative packaging solutions that ensure safety and sustainability in the agri-food sector.

We keep innovating! ❤️

<https://lnkd.in/d-XUPZ4W>

#Eversia >> Committed #Innovation #Sustainability #BiodegradablePackaging #CircularEconomy #Packaging #AgriFood #Research #PRIMA #CDTI

Mostrar traducción

4

Recomendar Comentar Compartir Enviar

Por Pilar Martínez Riquelme · 17/6/2025

**Centro Tecnológico Nacional de la Conserva y Alimenta...**  
Albora · 100 seguidores

Técnicos del CTNC, participan en el evento de Sostenibilidad Empresarial de la Región de Murcia, impulsado por @EUSRMurcia

Además, presentamos el proyecto #Novapack como expositor de Buenas Prácticas en economía circular.

#Sostenibilidad #EconomíaCircular #Murcia

con Info Región de Murcia



### DISSEMINATION ACTIVITIES

#### Oral communications



- ❖ From April 11 to 23, 2025, Professor Lazhar Zourgui (Gabes University) presented the NOVOPACK project at an international congress on medicinal plants in Djerba, Tunisia. He presented the objectives of the project and the richness of our bioresources in active biomolecules with very interesting biological activities

- ❖ A workshop was held on October 21, 2025, from Gabes University teams, bringing together various stakeholders from the regional socio-economic sector. During the event, a conference entitled “Active Biofilms: When Bioresources Become Packaging” was delivered, highlighting innovative approaches to transform natural and industrial by-products into active materials for sustainable food packaging. The presentation was followed by a lively discussion focusing on strategies for the valorization of industrial co-products, the promotion of circular bioeconomy practices, and the transfer of research outcomes from universities to industrial applications across the Mediterranean region.



- ❖ Manuela Pintado (Escola Superior de Biotecnologia, Universidade Católica Portuguesa) presented results from the NOVAPACK project in the session entitled “Obtaining Value-Added Ingredients from Citrus By-Products and Integrating Them into the Agri-Food Chain” during the 6º Balanço de Campanha dos Citrinos event, held on 22 October 2025 in Algarve, Portugal.





### DISSEMINATION ACTIVITIES

#### Oral communications



- ❖ NRC: Participation in the PRIMA Projects Workshop on the WEFE Nexus (1–2 November 2025, Institute of National Planning - Egypt) - WEFE NEXUS projects Inputs contribution, where Prof. Dr. Faten Ibrahim give a presentation about NOVAPACK project.



In the presence of Dr. Omar Amawi, Deputy Director, PRIMA Foundation, NOVAPACK team participated with number of PRIMA projects in the event organized by DIONYSU project.

- ❖ On Thursday, November 20, 2025, during a meeting of all Prima project coordinators in Tunisia, Prof. Lazhar Zourgui presented the Prima “Novopack” project, its objectives, its partners, and the different stages of its implementation.



- ❖ And, during an event organized on Thursday, November 20, 2025, by the Higher Institute of Applied Biology of Medenine and the Agency for the Promotion of Agricultural Investments (APIA) of Medenine, Professor Nacim Zouari (a member of our team) presented our PRIMA project “NOVOPACK” to young graduates, promising newcomers, and farmers.

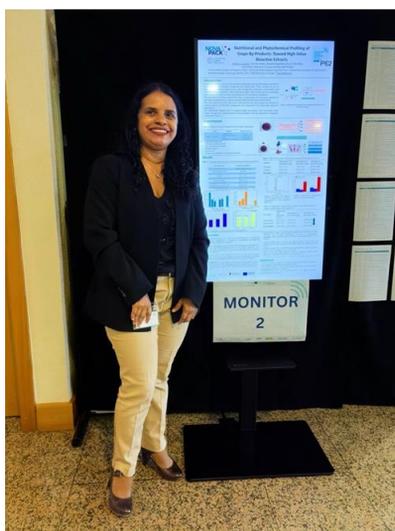




### DISSEMINATION ACTIVITIES

## Poster communications

- ❖ Hiléia K. S. Souza presented a poster entitled “Nutritional and Phytochemical Profiling of Grape By-Products: Toward High-Value Bioactive Extracts” at the International FoodTec Conference, held in Bragança (Portugal) from 27 to 29 October 2025.



#### PE2 | NUTRITIONAL AND PHYTOCHEMICAL PROFILING OF GRAPE BY-PRODUCTS: TOWARD HIGH-VALUE BIOACTIVE EXTRACTS

Hiléia K. S. Souza<sup>1</sup>, Ana Fernandes<sup>1</sup>, Daniela Magalhães<sup>1</sup>, Ana A. Vilas-Boas<sup>1</sup>, Adma Melo<sup>1</sup>, Débora A. Campos<sup>1</sup>, Manuela Pintado<sup>1</sup>

<sup>1</sup>Universidade Católica Portuguesa, CBQF - Centro de Biotecnologia e Química Fina - Laboratório Associado, Escola Superior de Biotecnologia, Rua Diogo Botelho 1327, 4169-005 Porto, Portugal. <sup>1</sup>housa@ucp.pt

Grape by-products, generated as solid residues from winemaking, are rich in dietary fiber and phenolic compounds, mainly anthocyanins, offering strong potential for sustainable valorization. Their fiber-dominant composition, moderate protein and lipid content, and high antioxidant capacity make them suitable for applications in functional ingredients, dietary fiber enrichment, and natural pigment utilization.

Valorizing these residues contributes to circular economy strategies by transforming agro-industrial waste into high-value ingredients, reducing environmental impact, and improving resource efficiency in the wine industry. With growing demand for sustainable, biodegradable, and clean-label materials, the NOVAPACK project explores the potential of grape by-products as natural sources of antioxidants and bioactive compounds (Figure 1) to replace synthetic additives in food, nutraceuticals, and active packaging applications.

In this study, grape by-products were nutritionally characterized by AOAC methodology, revealing a low-moisture (33.02% moisture), (0.07±0.1% ash), fiber-rich matrix, comprising 68.3% total dietary fiber (64.5% insoluble), 10.1% protein, and 11.9% lipids. Phenolic compounds were extracted using environmentally friendly, food-safe, acidified water-based solvents, including ethanol, citric acid, lactic acid, and ascorbic acid. For example, during extraction with 1% citric acid, anthocyanins were detected by HPLC-DAD at 320 nm, with malvidin-3-glucoside identified as the predominant compound, while cyanidin- and delphinidin-3-glucosides appeared earlier in the chromatographic profile. Total polyphenol content was measured using the Folin-Ciocalteu method, and antioxidant activity was evaluated through ABTS, and ORAC assays. Correlations between phenolic composition and antioxidant activity were explored further to elucidate the functional properties of the bioactive compounds and identify the most promising grape by-product extracts for valorization. These findings highlight the potential of grape pomace as a readily available, low-cost source of polyphenolic compounds, supporting its conversion into bioactive extracts for a range of industrial applications.

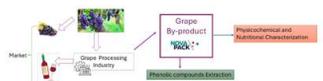
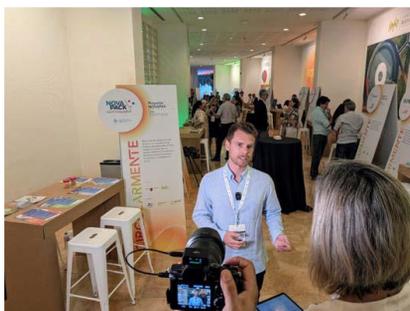


Figure 1 - Integrated Valorization Flow of Grape By-Products in NOVAPACK Project.

**Acknowledgments**  
The authors gratefully acknowledge the financial support from the NOVAPACK project (reference number: PRIMA\_2023\_SECTION\_2) and Fundação para a Ciência e Tecnologia (FCT) (reference number: PRIMA/0051/2023), which enabled the execution of this research. Daniela Magalhães thanks to FCT for the individual PhD grant (reference: 2022.134118).

## SYNERGY EVENTS

On June 17, 2025, the National Technological Center for Food Preservation and Processing (CTNC) participated as an exhibitor at the CIRCULARMENTE 2025 event, held in Murcia as part of the CircularMente Region of Murcia initiative.



On September 18, 2025, the CTNC was at Farmaforum (Madrid, Spain) to strengthen contacts and acquire new knowledge.



Valorisation of biomolecules for food and non-food applications



On November 21, 2025, Eversia has a Space Open to the public to address its perspective on biomolecules as a food packaging manufacturer, highlighting its participation in the PRIMA IM-PACK and NOVAPACK projects.

### Master's thesis defense

- On November 8, 2025, Maha, a student from the Faculty of Sciences in Gabes, defended her Master's thesis entitled "Valorization and Characterization of Bioactive Compounds from Collected Waste," under the scientific supervision of Dr. Samir Aydi, a member of our Prima "NOVOPACK" project team.



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 Ministère de l'Enseignement Supérieur,  
 de la Recherche Scientifique  
 Université de Gabès  
 Faculté des sciences de Gabès  
 Département des sciences de la vie

**MEMOIRE**

Pour l'obtention du diplôme de Master de recherche  
 Dans la discipline  
 Microbiologie, Génétique et bioressources (MRMGB)  
 Intitulé :

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Extraction et caractérisation de composés bioactifs à partir  
 de déchets de récoltes.

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Présenté par : **Maha Gammoudi**  
 Soutenu le 17/10/2025

Membres de jury :

Mr. Lazhar ZOURGUI Mme Hana MAALEJ Mr. Samir AYDI	Président Examinatrice Encadrant
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République Tunisienne  
 Ministère de l'Enseignement Supérieur et de la Recherche  
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Extraction et caractérisation de  
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Maha Gammoudi

Laboratoire de Biodiversité et de Valorisation des  
 Bioressources en Zones arides

Encadré : **Dr Samir Aydi**

*The content of this newsletter represents the view of the CHANGE-UP project only and is its sole responsibility. It does not necessarily reflect the opinion of the European Union.*

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More information:

<https://cbqf.esb.ucp.pt/projects/novel-antimicrobial-coatings-and-packaging-mediterranean>